

Workshop: Functional impairment in ADHD across the life-span; risks, resilience and treatment considerations

Attention-Deficit/Hyperactivity Disorder (ADHD) affects not only cognition but a vast range of important aspects of life and across the lifespan. In treatment and assessment the core symptoms of ADHD are often in focus, but a wealth of other biological, social and psychological factors also need our attention if we wish to predict and prevent some of the adverse outcomes of ADHD. This workshop will introduce the participants to research on the developmental outcomes of ADHD on selected topics such as crime, education, mental and physical disorders. The differential developmental trajectories will be discussed and exemplified with clinical cases focusing on bio-psycho-social aspects of risk and resilience in relation to ADHD, including a focus on treatment effects of both pharmacological and psychotherapeutic treatment (e.g. CBT). For instance, while it is well-established that pharmacological treatment may reduce symptoms of ADHD, what about other areas of importance for the patient? Potential short and longer term benefits, shortcomings and important clinical considerations related to treatment will be discussed. The aim of the workshop is to highlight the complexity and heterogeneity of ADHD, but at the same time, to inspire clinicians as well as patients to use this information to tailor interventions to the needs of the individual patient, addressing, but also going beyond ADHD symptoms.

Workshop presenter:

Christina Mohr Jensen, Ph.D.

MSc Psych., Ph.D, Associate Professor in Clinical Psychology

Aalborg University Hospital, Psychiatry

Aalborg University, Department of Communication and Psychology, Psychology

Denmark

Website: <https://vbn.aau.dk/da/persons/128222>